

JOHN B. LACSON FOUNDATION MARITIME UNIVERSITY-MOLO, INC.  
M.H DEL PILAR STREET, MOLO  
ILOILO CITY, 5000



**OBESITY AND ACADEMIC PERFORMANCE OF  
STUDENTS IN JBLFMU-MOLO**

**A RESEARCH PAPER**

**Presented to**

**Dr. Elvira Delgado**

**In Partial Fulfilment Of  
the Requirements in Research II**

**Researchers**

**Altamia, Miles Gabrield A.**

**Cala-or, Neri John J.**

**Sobrevega, Lean Grace T.**

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**Approval Sheet**

This research proposal entitled "Obesity and Academic Performance of Students In JBLFMU-Molo" prepared and submitted by Miles Gabriel Alvez Altamia, Neri John Jardeleza Cala-or and Lean Grace Torquemada Sobrevega in partial fulfillment of the requirements in Practical Research II of Grade 12 – ABM has been examined and hereby recommended for approval and acceptance.

Dr. Maria Elena Eleperia

Principal

  
Dr. Elvira Delgado

Research Adviser

Researchers

  
Altamia, Miles Gabriel A.

  
Cala-or, Neri John J.

Sobrevega, Lean Grace T.



### **Acknowledgment**

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To the respondents thank you for the active participation and cooperation. Without you we will not make this research study successful.

To our parents for giving us unconditional love and care in times of our stressful days by comforting and motivating us this won't be successful without the help of people around us. We value your time and effort in making this research project.



### **DEDICATION**

This study is whole heartedly dedicated to our beloved parents who have been our source of inspiration and gave us strength, who continually provide their moral, emotional and financial support.

To our brothers, sisters, relatives, friends and mentor who shared their words of advice and encouragement to finish this study.

Lastly, we dedicate this project to God Almighty our creator, our strong pillar, our source of wisdom, knowledge and understanding. He has been the source of our strength throughout this program and on His wings only have we soared.



### **ABSTRACT**

The research is all about the "Obesity and Academic Performance of Students in JBLFMU-Molo". Researchers collected data from the random people that who are obese in JBLFMU-Molo. 30 survey questionnaires were distributed to the obese students. Answers were based on 5-Likert scale which was; 5 for strongly agree and 1 for strongly disagree. All female and male, below 17years old and above 18 yearsold were Included.The results of findings show that there are three main factors or indicators which are badly affecting by obesity(i.e. personal factors, social factors and the third is the Grades of students. Out of 30, 8 females and 22 male participant's opinions were recorded, and it is concluded that most students strongly agree for the effects of personal factors, some students agree for the effects of social factors, few students agree for poor GWA.



## TABLE OF CONTENTS

TITLE PAGE	I
APPROVAL SHEET	II
ACKNOWLEDGEMENTS	III
DEDICATION	IV
ABSTRACT	V
TABLE OF CONTENTS	VI-VIII
LIST OF TABLES	IX
LIST OF FIGURES	X
CHAPTER 1 INTRODUCTION	1
Background Information	1
Theoretical Framework	2
Conceptual Framework	3
Statement of the Problem	3
Hypothesis	4
Significance of the Study	4
Scope and Delimitation	5



Definition of Terms	6
---------------------	---

**I CONCEPTUAL AND RELATED LITERATURE** 7

Conceptual Literature	7
-----------------------	---

Foreign Studies	8
-----------------	---

Local Studies	9
---------------	---

**II METHODOLOGY** 10

Research Design	10
-----------------	----

Respondents	11
-------------	----

Sample Size	11
-------------	----

Sampling Technique	11
--------------------	----

Research Instrument	11
---------------------	----

Data Gathering Procedure	12
--------------------------	----

Data Analysis Procedure	12
-------------------------	----

**III REPRESENTATION, ANALYSIS and INTERPRETATION** 13

**IV SUMMARY, CONCLUSIONS AND RECOMMENDATION** 27

**V REFERENCES** 31



<b>APPENDICES</b>	<b>32</b>
<b>Appendix A (Variables)</b>	<b>32</b>
<b>Appendix B (Questionnaire)</b>	<b>32</b>

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### LIST OF TABLES

<b>Table</b>	<b>Page</b>
1 Distribution of Respondents by Variables	13
2 Level of Obesity and academic performance taken as a whole	14
3 Level of Obesity and academic performance according to age	16
4 Level of Obesity and academic performance according to gender	17
5 Level of Obesity and academic performance according to weight	18
6 Level of Obesity and academic performance according to GWA	19
7 Mean of Obesity and academic performance according to age	20
8 Mean of Obesity and Academic Performance according to gender	21
9 Test of Difference on Obesity and Academic Performance according to age	23
10 Test of Difference (ANOVA) on the Obesity and Academic Performance of JBLFMU-Molo students according to GWA	25



**LIST OF FIGURES**

**Figure**

**Page**

Schematic Diagram of the Study

3

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